



Buzzy® Healthcare is a reusable pain relief product intended for multiple patients.

Model	REF	GTIN
Buzzy Mini Healthcare Striped	BKHM1	00856921003404
Buzzy Mini Healthcare LadyBuzzy	BKHM3	00856921003442
Buzzy XL Healthcare Striped	BTH1	00856921003503
Buzzy XL Healthcare Black	BTH2	00856921003435
Buzzy XL Healthcare LadyBuzzy	BTH3	00856921003497
Buzzy XL Healthcare RoyalBuzzy	BTH4	00856921003619

IFU-001 Rev 03 Buzzy Healthcare Instructions for Use

12.12.2025

PainCareLabs.com

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Type B Applied Part

Environmental conditions:

Transport and storage between uses: -25 to 70 °C. 0-95% RH. 700-1060 hPa

Operating conditions:

5-40 °C. 15-95% RH 700-1060 hPa. 2000m altitude

Troubleshooting:

With heavy use or extreme temperature fluctuations, batteries may need to be replaced more frequently. If device stops working or has weak mechanical stimulation, replace batteries. Place new batteries in the correct polarity (+/-) as shown in the device.

Maintenance:

Check the entire device for any visible evidence of damage such as cracks. Ensure that the switch moves freely. Make sure external screw(s) are secure. Gently wipe clean all exposed surfaces with a soft cloth dampened with a mild soap solution. To disinfect, wipe all exposed surfaces with alcohol or a hospital grade sanitizing wipe. Chlorhexidine may degrade plastic over time. PDI Sani-Cloth Detergent Wipes (the ones with the yellow top) are recommended. The product must be disinfected between patients and it is ideal to allow the device to air dry prior to use. Cleaning the wings must also be done between patients and can be wiped down by an alcohol wipe or swab as well. Allow to air dry. Cleaning the yellow tourniquet(s) must also be done between patients and can be wiped down by an alcohol wipe or swab as well. Allow to air dry. Do not autoclave or immerse. This device does not require sterilization for use.

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 The Black Church, St. Mary's Place
 Dublin 7, D07 P4AX, Ireland

Indications For Use:

Buzzy® is intended to control pain associated with needle procedures (e.g., injections, vascular access, cannulation, lab draws, blood donation, dialysis, cosmetic and dental injections) and the temporary relief of minor injuries (muscle or tendon aches, splinters, and bee stings). Use with Ice Packs is cleared for ages 1 and up.

Warnings:

For intended use only • Direct or prolonged application of ice could vasoconstrict.

Contraindications:

Do not use in the presence of unexplained calf pain. Consult a physician. • This device should not be used over swollen or inflamed areas or skin eruptions. • Do not place directly on a thermal burn. • Do not use Ice Pack with underlying sensitivities to ice or cold (e.g. Sickle Cell Disease, Reynaud's Disease).

Cautions:

Store Ice Packs in a cool, dry place. • Ice Packs must be frozen solid for best effect. • Do not use dry ice to freeze Ice Packs unless supervised by a healthcare professional. • Do not puncture Ice Pack chambers. • Discard if leaking. • Do not ingest gel. • Keep out of reach of children or pets. • Do not use with neuropathy, or sensitivity to ice.

Warranty:

The Company covers every type of malfunction or defect that may appear or arise from normal use in the motor unit of the product for 1 year or 3 battery changes, whichever arises first. The warranty for soft goods and Ice Packs lasts 1 year from date of purchase. The company will replace your product or refund your purchase and reserves the right to upgrade or replace parts with the latest product versions. Buzzy Healthcare XL units have a silicone band for convenience to attach the wings. Snapping the band due to use of non-Buzzy brand Ice Packs, improper Ice Pack orientation, rough handling, or product misuse is not covered by warranty. Devices with dead batteries and/or returned devices that work upon inspection, do not constitute a malfunction and are not covered under warranty. Devices with stripped screws are not covered by warranty. Returned devices not covered by the warranty may be returned at the customer's expense. **Healthcare systems that purchase Buzzy Personal kits for clinical use void any warranty for the institution.** This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

Returning Device:

Buyer must contact Customer Service or the authorized distributor in the country where the device was purchased for return instructions.

How To Order/Additional Information:

Please visit our website PainCareLabs.com for a complete list of FAQ's, other pain management tips, how-to videos, accessories, and replacement parts.

DO NOT SERVICE WHILE IN USE

US Patented British Patent No. 2455695
 RM-1910, 1248-064-5002-00, 1248-064-5001-00

Buzzy® Healthcare Contents:

All Buzzy® Healthcare Kits include a durable therapeutic vibration motor unit with 2 AAA batteries (installed), four Ice Packs, and instructions. All accessories are latex free and reusable.

- Buzzy® Healthcare Mini includes a two speed M-Stim® vibration unit with button switch & energy saving 3-minute automatic shut off, and one hands-free strap.
- Buzzy® Healthcare XL includes an M-Stim® vibration unit with toggle switch for manual shutoff, and two hands-free straps.

Guarantee:

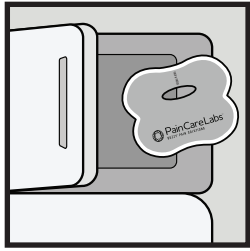
If not completely satisfied, return within 30 days to place of purchase for a full refund, or contact us at Support@PainCareLabs.com. For more information on the return process, visit PainCareLabs.com/Warranty-and>Returns/.

Translations:

A full list of translated instructions can be found at PainCareLabs.com/Downloadable-Resources/.



Directions For Use:



Place Ice Packs (“wings”) in freezer.

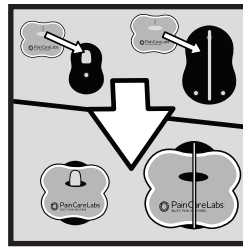
Store Ice Packs in a freezer for approximately one hour until solid. Remove just prior to use. Ice Packs will stay frozen for approximately 15 minutes at room temperature and 5 minutes against skin. (Do not freeze vibration unit). Wings fit with the hole placed horizontally on the

hook, or horizontally under the silicone band. Do not orient hole/wings vertically as the hole will rip or band may snap. Buzzy® Healthcare Ice Packs are the same intensity on both sides. Single patient Ice Pack wings (sold separately) have a less intense white side for cold-sensitive patients. Ice Packs do not contain Ethylene Glycol (“anti-freeze”). Gel inside ice may deteriorate if not stored properly and will dehydrate over time or in dry climates. For best effect, the Ice Packs must be frozen solid to transmit vibration at the effective frequency and strength. (Unfrozen packs or gels will absorb the specific frequency needed for pain relief.)

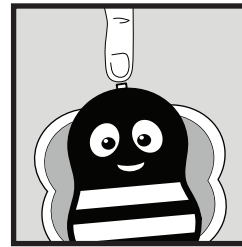
Note: To transport, place between two commercial cold packs or inside Cold2Go Bag (sold separately) to maintain frozen temperature.

Accessories sold separately: Infection Control Bags, Cold2Go Insulated Bags for Transport, Reward Stickers, and more.

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Attach wings to back of Buzzy® Healthcare.



Flip switch or press button firmly to activate. ON OFF

Buzzy® Healthcare controls pain on contact.

Place directly on injury or “between the brain and the pain” of needle procedures.

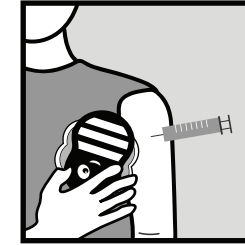
Want More Information?

More how-to information, videos, and other downloads are available at bzy.fyi

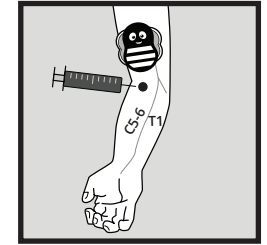


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Buzzy® Placement:



Deltoid Injection



IV & Phlebotomy

For Injections:

With ice wings in place, activate vibration. Place Buzzy® directly on the injection site 30 seconds, or up to 2 minutes for >1cc/medicines with a greater burn. Move Buzzy® proximally (toward the head or spine). Inject in the same dermatome, with the dot near the injection site. **For deltoid injections**, press against the axilla with the dot oriented to the shoulder to activate multiple surrounding dermatomes.

For IVs or Phlebotomy:

Activate vibration toggle switch. Hold, secure with strap, or tuck Buzzy Healthcare under tourniquet 2-3 cm above (proximal to) the access site. Do not place directly on site. Clean site and access without delay.

Optional: Pass tourniquet through the slot of Buzzy® Healthcare to secure Buzzy® Healthcare to arm.

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Batteries

This device is powered by two (2) AAA alkaline batteries (IEC code: LR03). Replace the batteries when vibration becomes weak or stops (~20 hours of use). The device is certified for 3 battery changes. Always replace both batteries at the same time and do not mix new and used batteries or batteries of different brands or types. If the device will not be used for an extended period, remove the batteries to prevent leakage and battery drain.

Replacing Batteries

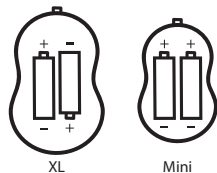
Start with the device turned off. To replace AAA batteries, unscrew using a Phillips-head screwdriver and open back panel, placing new batteries in the correct polarity (+/-) as shown in the device. Replace back panel and rescrew. **Note: Do not overtighten screws.**

Battery Disposal

Remove the batteries before disposing of the device. Dispose of batteries separately from household waste in accordance with local recycling and environmental regulations for alkaline (LR03) batteries. Follow Waste Electrical and Electronic Equipment (WEEE) guidelines when disposing of the device. Do not incinerate batteries or the device.

Battery Safety

- Use only AAA alkaline (LR03) batteries.
- Do not recharge non-rechargeable batteries.
- Do not short-circuit, crush, puncture, disassemble, or expose batteries to heat, fire, or water.
- Keep batteries out of reach of children.
- If swallowed, seek immediate medical attention.
- Replace the battery compartment cover securely before using the device again.



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⚠️ If you observe leakage, corrosion, or odor from the batteries:

1. Do not touch leaked material with bare skin.
2. Use protective gloves and wipe the compartment with a dry cloth.
3. Dispose of batteries immediately according to local requirements.
4. If leaked material contacts skin or eyes, rinse thoroughly with water and seek medical attention if irritation persists.

⚠️ Check for damage before reinserting new batteries. If corrosion remains or the device malfunctions, discontinue use and contact customer support.

FCC Standards Compliance

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
2. “Please note that changes or modifications of this product is not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment.”
3. NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: • Reorient or relocate the receiving antenna. • Increase the separation between the equipment and receiver. • Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. • Consult the dealer or an experienced radio/TV technician for help.
4. Pain Care Labs, 195 Arizona Ave. LW08 NE Atlanta GA 30307 • 877-805-2899 (Pain Care Labs Responsible Party in USA.)

Symbols & Icons:

	Single Patient - Multiple Use		Warning
	Keep Away From Sunlight		Manufacturer
	Keep Dry		Country of Manufacture
	Temperature Limits		Date of Manufacture
	Humidity Limits		Lot Number
	Pressure Limits		Unique Device Identifier
	European Conformity		Medical Device
	Battery Removal Before Disposal		European Union Representative
	Waste Electrical and Electronic Equipment		Meets FCC Standards
	Consult Instructions Before Use		Type B Applied Part
	Translations		

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